

Parish of Seapatrick

Sunday 13 May 2018
The Ascension of the Lord

Mass Times

St Patrick's Church
Sunday: 10:30am

St Thérèse's Church
Monday - Friday: 10:00am
Saturday: Vigil Mass: 6:00pm
Sunday: 8:30am & 12:00 noon

Our Lady Queen of Peace
No Mass

ADORATION OF THE BLESSED SACRAMENT
St Patrick's Church
Tuesday: 6:00pm – 9:00pm
Friday: 6:00pm – 8:00pm
Saturday: 10:00am – 11:00am

St Thérèse's Church – St Thérèse Oratory
Thursday: 9:00am – 2:00pm
Friday: 10:00am – 1:00pm

SACRAMENT OF RECONCILIATION
St Thérèse's Church
Saturday: 12:30pm – 12:45pm

SACRAMENT OF BAPTISM
Today Sunday 13 May 2018 in St Thérèse's Church at 1:00pm
Sunday 10 June 2018 in St Thérèse's Church at 1:00pm

"And so the Lord Jesus, after he had spoken to them, was taken up into heaven; there at the right hand of God he took his place."

Mark 16:19



Clergy: Very Rev Andrew McMahon PP

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Parish Office: T: 028 4062 4950 E: parish.seapatrick@hotmail.co.uk W: www.parishseapatrick.co.uk
Opening Hours: Monday-Friday 10:00am-1:00pm

Adoration Chairperson/Co-Ordinator: Yvonne Carlin: Tel: 028 40624000 Mob: 07753429963.

Cemetery Opening Times: Daily 8:00am – 9:00pm (Summer Time)

INTRODUCTORY RITES

Congregation stands

**Entrance Hymn or
Entrance Antiphon**

Acts 1:11

All: **Men of Galilee, why gaze in wonder at the heavens?
This Jesus whom you saw ascending into heaven
will return as you saw him go, alleluia.**

GREETING

Priest: In the name of the Father, and of the Son, and
of the Holy Spirit.

All: **Amen**

Priest: Grace to you and peace from God our Father and the
Lord Jesus Christ.

All: **And with your spirit.**

PENITENTIAL ACT

Priest: Brothers and sisters, let us acknowledge our sins,
and so prepare ourselves to celebrate the sacred
mysteries.

Priest: You raise the dead to life in the Spirit:
Lord, have mercy. **Lord, have mercy.**

Priest: You bring pardon and peace to the sinner:
Christ, have mercy. **Christ, have mercy.**

Priest: You bring light to those in darkness:
Lord, have mercy. **Lord, have mercy.**

Priest: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

All: **Amen**

THE GLORIA

All: **Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; you take away the sins of the
world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One, you alone are the
Lord, you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.**

THE COLLECT

Priest: Let us pray.

Pause for silent prayer

Priest: Gladden us with holy joys, almighty God,
and make us rejoice with devout thanksgiving,
for the Ascension of Christ your Son
is our exaltation, and, where the Head has gone
before in glory, the Body is called to follow in hope.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever.

All: **Amen.**

THE LITURGY OF THE WORD

Congregation Sits

FIRST READING

A reading from the Acts of the Apostles

1:1-11

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is,' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

All: The word of the Lord
Thanks be to God.

RESPONSORIAL PSALM

Ps 46:2-3. 6-9. R v.6

**(R) God goes up with shouts of joy;
the Lord goes up with trumpet blast.**

1. All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth. **(R)**
2. God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise. **(R)**
3. God is king of all earth.
Sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne. **(R)**

SECOND READING

A reading from the letter of St Paul to the Ephesians

4:1-13

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, over all, through all and within all. Each one of us, however, has been given his own share of grace, given as Christ allotted it. It was said that he would:

When he ascended to the height, he captured prisoners, he gave gifts to men.

When it says, 'he ascended', what can it mean if not that he

descended right down to the lower regions of the earth? The one who rose higher than all the heavens to fill all things is none other than the one who descended. And to some, his gift was that they should be apostles; to some, prophets; to some, evangelists; to some, pastors and teachers; so that the saints together make a unity in the work of service, building up the body of Christ. In this way we are all to come to unity in our faith and in our knowledge of the Son of God, until we become the perfect Man, fully mature with the fullness of Christ himself.

All: The word of the Lord.
Thanks be to God.

Congregation stands

ACCLAMATION **Mt 28:19-20**

All: Alleluia, alleluia!
**Go, make disciples of all the nations;
I am with you always; yes, to the end of time.
Alleluia!**

GOSPEL

Priest: The Lord be with you.
All: **And with your spirit.**
Priest: A reading from the holy Gospel according to Mark **16:15-20**
All: **Glory to you, O Lord.**

Jesus showed himself to the Eleven, and said to them, 'Go out to the whole world; proclaim the Good News to all creation. He who believes and is baptised will be saved; he who does not believe will be condemned. These are the signs that will be associated with believers: in my name they will cast out devils; they will have the gift of tongues; they will pick up snakes in their hands, and be unharmed should they drink deadly poison; they will lay their hands on the sick, who will recover.'

And so the Lord Jesus, after he had spoken to them, was taken up into heaven: there at the right hand of God he took his place, while they, going out, preached everywhere, the Lord working with them and confirming the word by the signs that accompanied it.

All: The Gospel of the Lord.
Praise to you Lord Jesus Christ.

Congregation sits

HOMILY

Congregation stands

THE CREED

All: **I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten,
not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

(bow your head up to the words 'and became man')

**and by the Holy Spirit was incarnate of the Virgin
Mary, and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day**

**in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of
life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic
Church. I confess one Baptism for the forgiveness
of sins and I look forward to the resurrection of
the dead and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

Congregation sits

THE LITURGY OF THE EUCHARIST

Offertory Procession

The gifts of bread and wine which will become the Lord's body and blood are brought to the altar.

The celebrant raises the host on the paten saying:

Priest: Blessed are you, Lord God of all creation,
for through your goodness we have received
the bread we offer you:
fruit of the earth and work of human hands,
it will become for us the bread of life.

All: **Blessed be God for ever.**

The celebrant pours wine and a little water into the chalice, saying quietly:

Priest: By the mystery of this water and wine
may we come to share in the divinity of Christ
who humbled himself to share in our
humanity.

The celebrant then raises the chalice above the altar and says:

Blessed are you, Lord God of all creation,
for through your goodness we have received
the wine we offer you:
fruit of the vine and work of human hands,
it will become our spiritual drink.

All: **Blessed be God for ever.**

Bowing, the celebrant says quietly:

Priest: With humble spirit and contrite heart
may we be accepted by you, O Lord,
and may our sacrifice in your sight this day
be pleasing to you, Lord God.

Then the celebrant washes his hands, saying quietly:

Wash me, O Lord, from my iniquity
and cleanse me from my sin.

Pray, brothers and sisters, that my sacrifice
and yours may be acceptable to God,
almighty Father.

All: **May the Lord accept the sacrifice at your
hands for the praise and glory of his name,
for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

Priest: We offer sacrifice now in supplication, O Lord, to honour the wondrous Ascension of your Son: grant, we pray, that through this most holy exchange we, too, may rise up to the heavenly realms. Through Christ our Lord.

All: **Amen**

Congregation stands

EUCCHARISTIC PRAYER III

Priest: The Lord be with you.

All: **And with your spirit.**

Priest: Lift up your hearts.

All: **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

All: **It is right and just.**

PREFACE (I Ascension)

Priest: It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.

For the Lord Jesus, the King of glory, conqueror of sin and death, ascended (today) to the highest heavens, as the Angels gazed in wonder.

Mediator between God and man, judge of the world and Lord of hosts, he ascended, not to distance himself from our lowly state but that we, his members, might be confident of following where he, our Head and Founder, has gone before.

Therefore, overcome with paschal joy, every land, every people exults in your praise and even the heavenly Powers, with the angelic hosts, sing together the unending hymn of your glory, as they acclaim:

ACCLAMATION

All: **Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Congregation kneels

Priest: You are indeed Holy, O Lord, and all you have created rightly gives you praise, for through your Son our Lord Jesus Christ, by the power and working of the Holy spirit, you give life to all things and make them holy, and you never cease to gather a people to yourself, so that from the rising of the sun to its setting a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may become the Body and + Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries.

For on the night he was betrayed he himself took bread, and, giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, giving you thanks, he said the blessing, and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

Priest: The mystery of faith.

All: **My Lord and my God.**

Priest: Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice.

Look, we pray, upon the oblation of your Church and, recognising the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ.

May he make of us an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most Blessed Virgin Mary, Mother of God, with blessed Joseph, her spouse, with your blessed Apostles and glorious Martyrs with Saint Patrick and with all the Saints, on whose constant intercession in your presence we rely for unailing help.

May this Sacrifice of our reconciliation, we pray, O Lord, advance the peace and salvation of all the world. Be pleased to confirm in faith and charity your pilgrim Church on earth, with your servant Francis our Pope, the Order of Bishops, all the clergy, and the entire people you have gained for your own.

Listen graciously to the prayers of this family, whom you have summoned before you: in your compassion, O merciful Father, gather to yourself all your children scattered throughout the world. To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we hope to enjoy for ever the fullness of your glory through Christ our Lord, through whom you bestow on the world all that is good.

Priest: Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

All: **Amen.**

Congregation stands

THE COMMUNION RITE

Priest: At the Saviour's command
and formed by divine teaching,
we dare to say:

All: **Our Father, who art in heaven,
hallowed be thy name; thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

All: **For the kingdom, the power and the glory
are yours now and for ever.**

Priest: Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins, but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

All: **Amen.**

Priest: The peace of the Lord be with you always.
All: **And with your spirit.**

The celebrant may add these or similar words.

Priest: Let us offer each other the sign of peace.

All make a sign of peace, according to local custom.

Priest: May this mingling of the Body and Blood of our Lord
Jesus Christ bring eternal life to us who receive it.

All: **Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.**

Congregation kneels

The celebrant says quietly:

May the receiving of your Body and Blood,
Lord Jesus Christ,
not bring me to judgment and condemnation,
but through your loving mercy
be for me protection in mind and body
and a healing remedy.

INVITATION TO HOLY COMMUNION

Priest: Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All: **Lord, I am not worthy that you should enter under
my roof, but only say the word and my soul shall be
healed.**

Priest: May the Body of Christ keep me safe for eternal life.

Priest: May the Blood of Christ keep me safe for eternal life.

COMMUNION ANTIPHON

Mt 28:20

All: **Behold, I am with you always,
even to the end of the age, alleluia.**

Purifying the chalice the celebrant says quietly:

What has passed our lips as food, O Lord,
may we possess in purity of heart,
that what has been given to us in time
may be our healing for eternity.

PRAYER AFTER COMMUNION

Congregation kneels

Priest: Let us pray.
Almighty ever-living God,
who allow those on earth to celebrate divine mysteries,
grant, we pray, that Christian hope may draw us onward
to where our nature is united with you.
Through Christ our Lord.

All: **Amen**

THE CONCLUDING RITES

Priest: The Lord be with you.

All: **And with your spirit.**

Priest: May almighty God bless you, for on this very day his only
Begotten Son pierced the heights of heaven
and unlocked for you the way to ascend to where he is.

All: **Amen**

Priest: May he grant that, as Christ after
his Resurrection was seen plainly by his disciples,
so when he comes as Judge he may show himself
merciful to you for all eternity.

All: **Amen**

Priest: And may you, who believe he is seated with the Father in
his majesty, know with joy the fulfilment of his promise to
stay with you until the end of time.

All: **Amen**

Priest: And may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come down on you and remain with you for ever.

All: **Amen**

*Then the celebrant, with hands joined and facing the
people, says:*

Priest: Go forth, the Mass is ended.

All: **Thanks be to God.**

**ANNIVERSARIES
SUNDAY**

James Donnelly, Edenvale Avenue
Kathleen Leckey, Hillview Terrace
Sean & Gertie Ewbanks, Edenderry Park
Sarah Cranney, Loughbrickland
Margaret, Pat & Terry Wilson, Kiln Lane & Canada
Maureen & Thomas King, Drumaroad
Eileen Porter, Iveagh Drive
John McQuaid, Lisnaree
Stephen Gartland, Oaklands, Loughbrickland
Ben Ganley, Burn Brae Court
James & Susan Cairnduff

TUESDAY

Dennis Gartland, Edenderry Park

WEDNESDAY

Jim Flanagan, Ballygowan Park

SUNDAY

Nuala Davies, Scarva
Seamus Campbell, East End Terrace
John Cranney, Moynulty
Mary Hanratty, Portadown
Peter McParland, Lisnagade Road

RECENTLY DECEASED

Your prayers are requested for the
happy repose of the souls of
Joan Lennon, nee Savage, Northampton formerly
Dromore Street
Thomas McCusker, Burn Brae Court
Jacqueline Quigley, Gowanvale Drive
May they rest in peace...

CEMETERY MASS

**St Patrick's Cemetry, Dromore Road
Thursday 21 June 2018 at 7:30pm**

OFFERTORY PROMISE COLLECTION

Sunday 6 May 2018
Envelopes: £2,201.95
Loose Plate: £ 879.54
Total Collected: £3,081.49
No. of Envelopes returned:363

St Joseph's Young Priests' Society Thank you

Thank you to everyone who contributed so generously to
the recent door collection. The amount raised was:
Banbridge - £914.36 + €5 & Aghaderg £520.84 + €5. Thank
you also for your prayers for Vocations to the Priesthood.

**SAFEGUARDING CHILDREN
& VULNERABLE ADULTS**

IMPORTANT TELEPHONE NUMBERS

Diocesan Designated Person:
Patricia Carville: 07789 917 741
Southern Health & Social Care Trust:
0800 783 7745
South Eastern Health & Social Care Trust:
0300 1000 300
N.I. Childline: 0800 1111

ST VINCENT DE PAUL
HELP LINE: 40662047

MASS/ADORATION/CONFESSIONS TIMES
Please see front cover & notices below

Irish Language Collection

A Church Door Collection for the Irish Language will be
taken up after all Masse this weekend 12/13 May 2018.

MAY ROSARY DEVOTIONS

will continue at 7:00pm in St Patrick's Church,
Dromore Street each Sunday and will conclude on
Sunday 3 June with Benediction.

Readers & Extraordinary Ministers of Holy Communion

Please let the Parish Office know your unavailable dates
for June & July 2018 by Wednesday 23 May. Thank you.

Trócaire – Family Lenten Boxes

Please return your **Trócaire Box** to the Church or to the
Parish Office asap. Thank you.

Fully Escorted Pilgrimage
ASSISI, SAN GIOVANNI ROTONDO & SORRENTO
20-27 October 2018

7 Nights flying from Dublin to Ciampino
Assisi birthplace of St Francis & St Clare
Visit Lanciano, (First Eucharistic miracle of the
Catholic Church)
San Giovanni Rotondo; Visit the Birthplace of St Pio
Pietrelcina; Venerate the remains of St Pio;
Visit the place where Padre Pio received the first
Stigmata. Shrine of St Archangel Michael & finish
the trip in Sorrento.

Comprehensive Travel Insurance included.
Spiritual Director: **Br Sean Kelly OFM CAP**
Cost £925.00 per person sharing
Single room supplement is **£255.00 EXTRA**
LIMITED AVAILABILITY
£200.00 deposit secures a seat!

For further details contact:
Jean Reynolds **07729 402311** or email:
jeanreynolds@hotmail.co.uk

Lough Derg Pilgrimage Season now open
One Day Retreats:

May: 13,15,20,22,26,27 & 28
August: 18, 19,20,27,28 & 29
September: 1, 2,4,5,8,10,11,15,16,22,23 & 30
Pilgrims keep footwear on. No fasting.

A guided day of prayer & reflection.
Refreshments on arrival & a ght lunch are served.
Admission €45, concessions for group.
Booking essential.

Three Day Pilgrimage

You can begin your pilgrimage on any day from:
Friday 1 June to Monday 13 August
Admission €75. Concessions available for students,
seniors & groups.

**Dromore Diocesan Historical Society
Sunday 20 May @ 3:00pm. (Note change of date)**

Meet at Killeavy Churches near Meigh for a Field Trip led by Brother Brian Monaghan. The site is closely associated with St Monnina whose marked grave rests just within the entrance to the enclosure. Arrangements have been made for the address to be given in a nearby Church in the event of inclement weather. All members, parishioners & friends are most welcome.

SMA SUMMER SCHOOL 2018

Friday 29 June – Sunday 1 July

Attendance must be booked in advance as places are limited.

Friday 29 June: £5.00. Saturday 30 June £10.00.
Sunday 1 July £10.00

Lunch is available at a cost of £15.00 if required. Please indicate when booking and pay on arrival. If you wish to stay overnight there is a charge of £60.00 per day including meals. (Total for 2 nights, meals, plus admission, £145.00) A booking form is available via email or post on request from laity@sma.ie or by telephoning 028 3082 1024

ADOPTION

Family Care Adoption Services is presently seeking to recruit adoptive families for babies and young children. For a free information pack please contact them at:
028 7136 8592 or 028 9069 1133
Monday - Friday 9:00am - 5:00pm
Email: anne.ohagan@familycaresociety.org
Website: www.familycaresociety.co.uk

Thought for the Day

We cannot become what we need to be,
remaining what we are.

Start buying a Catholic Newspaper after Mass each Sunday during Lent!! It makes great reading!

CLANN NA BANNA CLG

Fixtures:

Sun 13: U12s v Newry Shamrocks @ 11:00am

Training:

U6/8/10/12/14 Every Thur evening at the Club
U6 @ 6:30-7:15pm / U8 @ 7:15-8:00pm/U10 @ 6:30-7:30pm
U12 @ 7:00pm/ U14 @ 7:00pm
U16 – Monday evening at the Club @ 7:00pm

Clann na Banna Gaelic for Girls
Calling all girls aged between 10 – 13! Would you be interested in playing Gaelic for Clann na Banna? Come along every Tuesday night at 7:00pm. No experience necessary – all for fun!

BIG BREAKFAST – The club will hold a big breakfast to raise funds for our All Ireland Feile team on Sat 2 June between 10:00am-1:00pm in the Parish Centre. All welcome

Clann Lotto: Next week's Jackpot: £2,250.00. To join the lotto just contact any club member or the club Facebook page.

PARISH DRAW

Thursday 3 May 2018

£100 Winning No: 3462

Winners: John & Susan Goan, Knollwood

PARISH CENTRE

MONDAYS – Main Hall

Convery Academy of Irish Dancing –

Contact Melissa 07923 027525

3:15-4:15pm: 1st Beginners Class

4:30pm–5:30pm: Sinead Lunny Speech & Drama Class for 3-4 years old. Contact Sinead: 079 4925 9196

6:30-7:30pm: Pilates - To enrol or for info, Contact Yvonne 07802 963008.

Downstairs

7:00- 8:30pm – Yoga Class

For more info contact Bruce White 40624927

TUESDAYS – Main Hall

10:30am: St Thérèse's Bowling Club.
Summer break – resumes 4 September 2018
For more info please contact Mary 40628926

6:15pm–7:15pm: Sinead Lunny Speech & Drama Class for 5-14 years old. Contact Sinead: 079 4925 9196

8:15-9:15pm: Zumba Class. Suitable for all abilities. A fun way to get fit. Contact Sarah 07961979843.

Downstairs

10:30am-12:00 noon - Parent & Toddler Group

For information tel: Ita 07767136938

WEDNESDAYS – Main Hall

9:30 – 10:30am FITSTEPS – Fitness that's 'Strictly' fun
Check out Facebook – Fitsteps: Kelly McAleese or contact Kelly 078 6429 4422

3:30pm – 5:30pm Irish Dance Class

Contact Margaret 07746871179

THURSDAYS – Main Hall

8:30pm: Bingo – Snowball now £500 in 52 numbers or less. Adm £4.00 per book. Jackpot sheets £1.00.

Downstairs

7:00-8:30pm: Yoga Class. For more info, contact Wendy 07841871061 or just come along.

FRIDAYS – Main Hall

10:00-11:00am: Baby Sensory Class (7-13 months)
11:30am-12:30pm: Baby Sensory (Birth – 6 months)

Contact Tierna McClinton Tel: 028 92672817.

WEBCAMS

Webcams are in operation in our Church of St Thérèse. You can view our Church Sanctuary at any time and all the Sunday and Weekday Masses will be broadcast live on www.mcnmedia.tv.

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