

# Parish of Seapatrick

Sunday 17 December 2017  
Third Sunday of Advent

## Mass Times

**St Patrick's Church**  
Sunday: 10:30am

**St Thérèse's Church**  
Monday - Friday: 10:00am  
Saturday: Vigil Mass: 6:00pm  
Sunday: 8:30am & 12:00 noon

**Our Lady Queen of Peace**  
No Mass

**ADORATION OF THE BLESSED SACRAMENT**  
**St Patrick's Church**  
Tuesday: 6:00pm – 9:00pm  
Friday: 6:00pm – 8:00pm  
Saturday: 10:00am – 11:00am

**St Thérèse's Church – St Thérèse Oratory**  
Thursday: 9:00am – 2:00pm  
Friday: 10:00am – 1:00pm

**SACRAMENT OF RECONCILIATION**  
**St Thérèse's Church**  
**Thursday 21 December: 7:30pm – Penitential Service**  
**Many visiting priests available to hear Confessions.**  
Saturday 23 December: **NO CONFESSIONS**

**SACRAMENT OF BAPTISM**  
Sunday 7 January 2018 in St Thérèse's Church at 1:00pm  
Sunday 11 February 2018 in St Thérèse's Church at 1:00pm

*"John answered the Pharisees: 'I baptise with water; but standing among you – unknown to you – is the one who is coming after me; and I am not fit to undo the strap of his sandal!'"*

*John: 1:26-27*



**Clergy:** Canon Liam Stevenson

**Contact Details:** Canon Stevenson: T: 028 4066 2136 E: [parishseapatrick@btconnect.com](mailto:parishseapatrick@btconnect.com)

**Parish Office:** T: 028 4062 4950 E: [parish.seapatrick@hotmail.co.uk](mailto:parish.seapatrick@hotmail.co.uk) W: [www.parishseapatrick.co.uk](http://www.parishseapatrick.co.uk)  
**Opening Hours:** Monday-Friday 10:00am-1:00pm

**Adoration Chairperson/Co-Ordinator:** Yvonne Carlin: Tel 028 40624000 Mob: 07753429963.

**Cemetery Opening Times:** Daily 8:00am – 6:00pm (Winter Time)

## INTRODUCTORY RITES

*Congregation stands*

**Entrance Hymn or  
Entrance Antiphon**

**Phil 4:4-5**

**All: Rejoice in the Lord always; again I say, rejoice.  
Indeed, the Lord is near.**

## GREETING

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**All: Amen**

**Priest:** Grace to you and peace from God our Father and the Lord Jesus Christ.

**All: And with your spirit.**

## PENITENTIAL ACT

**Priest:** Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

**Priest:** Lord Jesus, you came to reconcile us to one another and to the Father:  
Lord, have mercy. **Lord, have mercy.**

**Priest:** Lord Jesus, you heal the wounds of sin and division:  
Christ, have mercy. **Christ, have mercy.**

**Priest:** Lord Jesus, you intercede for us with your Father:  
Lord, have mercy. **Lord, have mercy.**

**Priest:** May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**All: Amen.**

## THE COLLECT

**Priest:** Let us pray.

*Pause for silent prayer*

**Priest:** O God, who see how your people faithfully await the feast of the Lord's Nativity, enable us, we pray, to attain the joys of so great a salvation and to celebrate them always with solemn worship and glad rejoicing. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

**All: Amen.**

## THE LITURGY OF THE WORD

*Congregation Sits*

### FIRST READING

A reading from the prophet Isaiah **61:1-2, 10-11**

The spirit of the Lord has been given to me, for the Lord has anointed me. He has sent me to bring good news to the poor, to bind up hearts that are broken; to proclaim liberty to captives,

freedom to those in prison; to proclaim a year of favour from the Lord.

'I exult for joy in the Lord, my soul rejoices in my God, for he has clothed me in the garments of salvation, he has wrapped me in the cloak of integrity, like a bridegroom wearing his wreath, like a bride adorned in her jewels.

'For as the earth makes fresh things grow, as a garden makes seeds spring up, so will the Lord make both integrity and praise spring up in the sight of the nations.'

The word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

Lk 1:46-50, 53-54, R Is 61:10

**(R) My soul rejoices in my God.**

1. My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her nothingness; henceforth all ages will call me blessed. **(R)**
2. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. **(R)**
3. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy. **(R)**

## SECOND READING

A reading from the first letter of St Paul to the Thessalonians **5:16-24**

Be happy at all times; pray constantly; and for all things give thanks to God, because this is what God expects you to do in Christ Jesus.

Never try to suppress the Spirit or treat the gift of prophecy with contempt; think before you do anything – hold on to what is good and avoid every form of evil.

May the God of peace make you perfect and holy; and may you all be kept safe and blameless, spirit, soul and body, for the coming of our Lord Jesus Christ. God has called you and he will not fail you.

The word of the Lord.

**All: Thanks be to God.**

*Congregation stands*

**ACCLAMATION**

**Is 61:1 (Lk 4:18)**

**All: Alleluia, alleluia!  
The spirit of the Lord has been given to me.  
He has sent me to bring good news to the poor.  
Alleluia!**

## GOSPEL

**Priest:** The Lord be with you.

**All: And with your spirit.**

**Priest:** A reading from the holy Gospel according to John **1:6-8. 19-28**  
**All:** **Glory to you, O Lord.**

A man came, sent by God.  
 His name was John.  
 He came as a witness,  
 as a witness to speak for the light,  
 so that everyone might believe through him.  
 He was not the light,  
 only a witness to speak for the light.

This is how John appeared as a witness. When the Jews sent priests and Levites from Jerusalem to ask him, 'Who are you?' he not only declared, but he declared quite openly, 'I am not the Christ.' 'Well then,' they asked 'are you Elijah?' 'I am not' he said. 'Are you the Prophet?' He answered, 'No.' So they said to him, 'Who are you? We must take back an answer to those who sent us. What have you to say about yourself?' So John said, 'I am, as Isaiah prophesied:

a voice that cries in the wilderness:  
 Make a straight way for the Lord.'

Now these men had been sent by the Pharisees, and they put this further question to him, 'Why are you baptising if you are not the Christ, and not Elijah, and not the prophet?' John replied, 'I baptise with water; but there stands among you – unknown to you – the one who is coming after me; and I am not fit to undo his sandal-strap.' This happened at Bethany, on the far side of the Jordan, where John was baptising.

**All:** The Gospel of the Lord.  
**Praise to you Lord Jesus Christ.**

*Congregation sits*

## HOMILY

*Congregation stands*

## THE CREED

**All:** **I believe in one God,  
 the Father almighty,  
 maker of heaven and earth,  
 of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
 the Only Begotten Son of God,  
 born of the Father before all ages.  
 God from God, Light from Light,  
 true God from true God,  
 begotten, not made, consubstantial with the  
 Father; through him all things were made.  
 For us men and for our salvation  
 he came down from heaven,**

*(bow your head up to the words 'and became man')*

**and by the Holy Spirit was incarnate of the Virgin  
 Mary, and became man.**

**For our sake he was crucified under Pontius  
 Pilate, he suffered death and was buried,  
 and rose again on the third day  
 in accordance with the Scriptures.  
 He ascended into heaven  
 and is seated at the right hand of the Father.**

**He will come again in glory  
 to judge the living and the dead  
 and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of  
 life, who proceeds from the Father and the Son,  
 who with the Father and the Son is adored and  
 glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic  
 Church. I confess one Baptism for the forgiveness  
 of sins and I look forward to the resurrection of  
 the dead and the life of the world to come. Amen.**

## PRAYER OF THE FAITHFUL

*Congregation sits*

## THE LITURGY OF THE EUCHARIST

Offertory Procession

*The gifts of bread and wine which will become the Lord's body  
 and blood are brought to the altar.*

*The celebrant raises the host on the paten saying:*

**Priest:** Blessed are you, Lord God of all creation,  
 for through your goodness we have received  
 the bread we offer you:  
 fruit of the earth and work of human hands,  
 it will become for us the bread of life.

**All:** **Blessed be God for ever.**

*The celebrant pours wine and a little water into the  
 chalice, saying quietly:*

**Priest:** By the mystery of this water and wine  
 may we come to share in the divinity of Christ  
 who humbled himself to share in our humanity.

*The celebrant then raises the chalice above the  
 altar and says:*

Blessed are you, Lord God of all creation,  
 for through your goodness we have received  
 the wine we offer you:  
 fruit of the vine and work of human hands,  
 it will become our spiritual drink.

**All:** **Blessed be God for ever.**

*Bowing, the celebrant says quietly:*

**Priest:** With humble spirit and contrite heart  
 may we be accepted by you, O Lord,  
 and may our sacrifice in your sight this day  
 be pleasing to you, Lord God.

*Then the celebrant washes his hands, saying quietly:*

Wash me, O Lord, from my iniquity  
 and cleanse me from my sin.

Pray, brothers and sisters, that my sacrifice  
 and yours may be acceptable to God,  
 the almighty Father.

**All:** **May the Lord accept the sacrifice at your  
 hands for the praise and glory of his name,  
 for our good and the good of all his holy Church.**

## PRAYER OVER THE OFFERINGS

**Priest:** May the sacrifice of our worship, Lord, we pray, be offered to you unceasingly, to complete what was begun in sacred mystery and powerfully accomplish for us your saving work. Through Christ our Lord.

**All:** **Amen**

*Congregation stands*

## EUCCHARISTIC PRAYER II

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

**Priest:** Lift up your hearts.

**All:** **We lift them up to the Lord.**

**Priest:** Let us give thanks to the Lord our God.

**All:** **It is right and just.**

### PREFACE (Advent I)

**Priest:** It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For he assumed at his first coming the lowliness of human flesh, and so fulfilled the design you formed long ago, and opened for us the way to eternal salvation, that, when he comes again in glory and majesty and all is at last made manifest, we who watch for that day may inherit the great promise in which now we dare to hope.

And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:

### ACCLAMATION

**All:** **Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*Congregation kneels*

**Priest:** You are indeed Holy, O Lord, the fount of all holiness.

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and + Blood of our Lord Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

**Priest:** The mystery of faith.

**All:** **Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.**

**Priest:** Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis our Pope and N our Bishop and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face. Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her spouse, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

**Priest:** Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

**All:** **Amen.**

*Congregation stands*

## THE COMMUNION RITE

**Priest:** At the Saviour's command and formed by divine teaching, we dare to say:

**All:** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

**Priest:** Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**All:** For the kingdom, the power and the glory  
are yours now and for ever.

**Priest:** Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

**All:** Amen.

**Priest:** The peace of the Lord be with you always.  
**All:** And with your spirit.

*The celebrant may add these or similar words.*

**Priest:** Let us offer each other the sign of peace.

*All make a sign of peace, according to local custom.*

**Priest:** May this mingling of the Body and Blood of our Lord  
Jesus Christ bring eternal life to us who receive it.

**All:** Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.

*Congregation kneels*

*The celebrant says quietly:*

Lord Jesus Christ, Son of the living God,  
who, by the will of the Father  
and the work of the Holy Spirit,  
through your Death gave life to the world,  
free me by this, your most holy Body and Blood,  
from all my sins and from every evil;  
keep me always faithful to your commandments,  
and never let me be parted from you.

## INVITATION TO HOLY COMMUNION

**Priest:** Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**All:** Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.

**Priest:** May the Body of Christ keep me safe for eternal life.

**Priest:** May the Blood of Christ keep me safe for eternal life.

## COMMUNION ANTIPHON

Cf. Is 35:4

**All:** Say to the faint of heart: Be strong and do not fear.  
Behold, our God will come, and he will save us.

*Purifying the chalice the celebrant says quietly:*

What has passed our lips as food, O Lord,  
may we possess in purity of heart,  
that what has been given to us in time  
may be our healing for eternity.

## PRAYER AFTER COMMUNION

*Congregation kneels*

**Priest:** Let us pray.  
We implore your mercy, Lord,  
that this divine sustenance may cleanse us of our  
faults and prepare us for the coming feasts.  
Through Christ our Lord.

**All:** Amen

## THE CONCLUDING RITES

**Priest:** The Lord be with you.

**All:** And with your spirit.

**Priest:** May the almighty and merciful God,  
by whose grace you have placed your faith  
in the First Coming of his Only Begotten Son  
and yearn for his coming again  
sanctify you by the radiance of Christ's Advent  
and enrich you with his blessing.

**All:** Amen

**Priest:** As you run the race of this present life,  
may he make you firm in faith,  
joyful in hope and active in charity.

**All:** Amen

**Priest:** So that, rejoicing now with devotion  
at the Redeemer's coming in the flesh,  
you may be endowed with the rich reward of eternal  
life when he comes again in majesty.

**All:** Amen

**Priest:** And may the blessing of almighty God,  
the Father, and the Son, + and the Holy Spirit,  
come down on you and remain with you for ever.

**All:** Amen

*Then the celebrant, with hands joined and facing the  
people, says:*

**Priest:** Go in peace.

**All:** Thanks be to God.

**ANNIVERSARIES  
SUNDAY**

Edwin Carr, Scarva Walk  
Jim Armstrong, Edenderry Gardens  
James Hugh Quinn, Ballygowan Park  
Sheila Rooney, Spain & Banbridge  
Kathleen Byrne, Reilly Street  
Thomas Codd, Brookfield Park  
& Leo Codd, Brisbane  
Mary Campbell, East End Terrace  
Davey Tumilty, Mount Charles  
Mary Quinn, Drumnavaddy  
Elaine Downey, Mountview Drive  
Elizabeth McCreanor, Edenderry Gardens  
Margaret Byrne, Burnview Terrace  
Betty Byrne, Burnview Terrace  
Ethel Quinn, Harberton Park

**MONDAY**

Mary Carlin, Newry

**TUESDAY**

James Carr, Ballygowan Park

**WEDNESDAY**

Margaret McCourt, Scarva Street  
William & Annie Maginess, Dromore  
Jane Finnegan, Kircubbin

**FRIDAY**

Kathleen Ferron, Willow Avenue

**SUNDAY**

Alex Kearney, Annaclone & Banbridge  
The Morgan Family, Ballykeel  
Dan & Josephine McKeever, Portadown  
Bridie Taggart, Laurencetown

**RECENTLY DECEASED**

Your prayers are requested for the happy repose of the souls of  
Deirdre Beattie, Mountview Park  
Mary Byrne, Mount Pleasant  
Rosaleen Quinn, Ballymartin  
May Hickey, Dungarvin, Waterford  
May they rest in peace...

**Southern Area Hospice Services Bereavement  
Walking Group**

Runs on the 1st & 3rd Tuesday of the month, meeting at  
Newry Hospice at 10:00am  
For more info contact Emily Murray on 02830267711

**SAFEGUARDING CHILDREN & VULNERABLE ADULTS  
IMPORTANT TELEPHONE NUMBERS**

Diocesan Designated Person:  
Patricia Carville: 07789 917 741  
Southern Health & Social Care Trust:  
0800 783 7745  
South Eastern Health & Social Care Trust:  
0300 1000 300  
N.I. Childline: 0800 1111

**MASS/ADORATION/CONFESSIONS TIMES**  
**Please see front cover & notices below**

**Parish Services in Advent  
PENITENTIAL SERVICE**

**St Thérèse's Church - Thursday 21 December at 7:30pm**  
Service will be lead by Fr Brian Fitzpatrick, Lurgan

**Children's Christmas Liturgy 2017  
Rehearsal – Monday 18 Dec 6:15-7:15pm  
in St Thérèse's Church**

This year's Nativity will be presented during the Christmas Vigil Mass in St Thérèse's Church at 8:00pm.

**Lectio Divina**

In preparation for Christmas, Lectio Divina will conclude in St Thérèse's Church after the 10:00am Mass on:

**18 December.**

The theme of the readings is family – in celebration of the season and the World Meeting of Families.

We welcome into our Christian community:  
Owen Beattie, Katelynn Magee,  
Lana Neeson & Peyton Sipson

**DEADLINES FOR ANNIVERSARIES & NOTICES  
FOR THE BULLETIN**

**Weekend 23/24 Dec - deadline is 5:00pm Mon 18 Dec**  
**Christmas Day 25 Dec –deadline is 5:00pm Mon 18 Dec**  
**Weekend 30/31 Dec - deadline is 5:00pm Mon 18 Dec**

Any notices received after the deadline will not be printed. Your co-operation with this matter will be greatly appreciated.

**Prayer for Adoration in our Parish**

"Heavenly Father, grant this Parish an increase of adorers to Your Most Blessed Sacrament to intercede for growth of faith in the Parish and for the ministry of its priests.

We ask this all in Jesus name. Amen."

**ACCORD Marriage Preparation Course**

Planning to get married? Book your Marriage Preparation Course with ACCORD Newry (028 30263577) or see their website [www.accord.ie](http://www.accord.ie)

**Marriage & Relationship Counselling**

Accord offers a safe, professional and confidential process facilitating couples and individuals to explore, reflect upon and resolve difficulties in their marriage & relationship. Book your appointment with ACCORD Newry (028 30263577).

**OFFERTORY PROMISE COLLECTION**

10 December 2017

Collection: £2,303.27

Loose Plate: £476.40

**Total Collected: £2,779.67**

No. of Envelopes returned: 393

**ST VINCENT DE PAUL**  
HELP LINE: 40662047

**Blood Transfusion Service – Blood Donation Sessions**  
Methodist Church Hall, Downshire Road, Banbridge  
Monday 18 & Tuesday 19 December 2017  
1:30-4:00pm & 5:15-8:00pm  
**Give Blood ~ Save Lives**

**St Mary's Primary School  
PRIMARY 1 SEPTEMBER 2018**

Applications are invited for children who reach their 4th birthday on or before the 1 July 2018 to join the Primary 1 class in September 2018

**PRE-SCHOOL SEPTEMBER 2018**

Applications are invited for children born between 2 July 2014 and 1 July 2015 (both dates are inclusive) to join the Pre-School in September 2018. Application forms now available from the school office.

**Closing date for receipt of completed application forms is Wednesday 10 January 2018 at 12:00 noon.**  
[www.stmarysbanbridge.com](http://www.stmarysbanbridge.com)

**Buy a Catholic Newspaper after Mass each Sunday!!  
It makes great reading!**

**TRÓCAIRE**

**Give a gift this Christmas & help transform lives.**  
**A range of 10 Trócaire Gifts are now available to buy from Trócaire.** For details please see leaflets at church entrances.

**Thought for today**

It is so easy to be brave for someone else.

**Southern Area Hospice Christmas Gift Certificates**

The Southern Area Hospice supply their own Hospice Christmas Gift Certificates, where you make a donation of your choice on behalf of your loved one. They also supply Teacher & Grandparent Christmas Gift Certificates.

Contact Amy 028 3025 1333 or email  
[henshawa@southernareahospiceservices.org](mailto:henshawa@southernareahospiceservices.org)

**Sr Consilio is an Irish nun who set up Cuan Mhuire**, a charitable drug, alcohol and gambling rehabilitation organisation in Newry, She urgently requires men's trousers/jeans, jackets, t-shirts etc of all sizes.

Ladies clothing is also required.

This would be a great time to clear out those wardrobes at home to make room for the new Christmas garments and help make a difference for the homeless and addicts.

Please put them in a plastic bag, labelled "The Homeless" or "Sr Concilio's" and leave them in the Parish Centre. Please do NOT ring the bell but place them inside the main doors if open or under the covered area if the doors are closed.

Many thanks for your co-operation with this matter.

**CLANN NA BANNA CLG**

Clann na Banna presents **The Nooks & the Parcel of Rogues** in the Parish Centre on Boxing night, tickets available now from any club member.

**Clann Lotto:** Next week's Jackpot: £1,200.00.

**PARISH DRAW**

Thursday 7 December 2017  
£100 Winning No: 3173  
Winner: Brian Davies, Scarva Walk

**PARISH CENTRE**

**MONDAYS – Main Hall**  
**Convery Academy of Irish Dancing –**  
Contact Melissa 07923 027525  
**Christmas Break. Resumes 8 January 2018.**

**6:30-7:30pm: Pilates** - To enrol or for info,  
Contact Yvonne 07802 963008.

**Downstairs**  
**7:00- 8:30pm – Yoga Class**  
For more info contact Bruce White 40624927

**TUESDAYS – Main Hall**

**10:30am: St Thérèse's Bowling Club.**  
For more info please contact Mary 40628926

**Sinead Lunny Speech & Drama Class**  
**for 5-14 years old.** Contact Sinead: 079 4925 9196.  
**Christmas Break. Resumes 9 January 2018.**

**8:15-9:15pm: Zumba Class.** Suitable for all abilities.  
A fun way to get fit. Contact Sarah 07961979843.

**Downstairs**  
**Parent & Toddler Group. Christmas Break.**  
For information tel: Ita 07767136938

**WEDNESDAYS – Main Hall**

**9:30 – 10:30am FITSTEPS – Fitness that's 'Strictly' fun**  
Check out Facebook – Fitsteps: Kelly McAleese  
or contact Kelly 078 6429 4422

**3:30–5:30pm Irish Dance Class**  
Contact Margaret 07746871179

**THURSDAYS – Main Hall**

**8:30pm: Bingo** – Snowball now £450 in 45 numbers or less. Adm £4.00 per book. Jackpot sheets £1.

**Downstairs**  
**7:00-8:30pm: Yoga Class.** For more info, contact Wendy 07841871061 or just come along.

**FRIDAYS – Main Hall**

**10:00-11:00am: Baby Sensory Class (7-13 months)**  
**11:30am-12:30pm: Baby Sensory (Birth – 6 months)**  
Contact Tierna McClinton Tel: 028 92672817.

**WEBSITE**

Our Parish Website [www.parishseapatrick.co.uk](http://www.parishseapatrick.co.uk) is now live. It will give you details of the Mass Times and what is happening in the Parish and Parish Centre. Some photographs are also on the Website.

**WEBCAMS**

Webcams are in operation in our Church of St Thérèse. You can view our Church Sanctuary at any time and all the Sunday and Weekday Masses will be broadcast live on [www.mcnmedia.tv](http://www.mcnmedia.tv).

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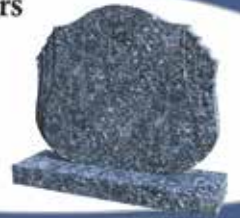
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