

# Parish of Seapatrick

Sunday 11 March 2018  
Fourth Sunday of Lent

## Mass Times

**St Patrick's Church**  
**Feast of St Patrick (Holy Day of Obligation)**  
Friday 16 March: Vigil Mass 7:30pm  
Saturday 17 March: 10:30am  
Sunday: 10:30am

**St Thérèse's Church**  
Monday: 10:00am  
Tuesday: 8:15am & 10:00am  
Wednesday: 10:00am  
Thursday: 8:15am & 10:00am  
**Feast of St Patrick (Holy Day of Obligation)**  
Friday 17 March: 12:00 noon  
Saturday: Vigil Mass: 6:00pm  
Sunday: 8:30am & 12:00 noon

**Our Lady Queen of Peace**  
No Mass

**ADORATION OF THE BLESSED SACRAMENT**  
**St Patrick's Church**  
Tuesday: 6:00pm – 9:00pm  
Friday: 6:00pm – 8:00pm  
Saturday: 10:00am – 11:00am

**St Thérèse's Church – St Thérèse Oratory**  
Thursday: 9:00am – 2:00pm  
Friday: 10:00am – 1:00pm

**SACRAMENT OF RECONCILIATION**  
**St Thérèse's Church**  
Saturday 17 March: **No Confessions**

**SACRAMENT OF BAPTISM**  
Today Sunday 11 March 2018 in St Thérèse's Church at 1:00pm  
Sunday 8 April 2018 in St Thérèse's Church at 1:00pm

*"For God sent his Son into the world  
not to judge the world,  
but so that through him the world might be saved."*

*John: 3:17*



**Clergy:** Very Rev Andrew McMahon PP

**Contact Details:** Fr McMahon: T: 028 4066 2136 E: parishseapatrick@btconnect.com

**Parish Office:** T: 028 4062 4950 E: parish.seapatrick@hotmail.co.uk W: www.parishseapatrick.co.uk  
**Opening Hours:** Monday-Friday 10:00am-1:00pm

**Adoration Chairperson/Co-Ordinator:** Yvonne Carlin: Tel: 028 40624000 Mob: 07753429963.

**Cemetery Opening Times:** Daily 8:00am – 6:00pm (Winter Time)

## INTRODUCTORY RITES

*Congregation stands*

**Entrance Hymn or  
Entrance Antiphon**

**Cf. Is 66:10-11**

**All: Rejoice, Jerusalem, and all who love her.  
Be joyful, all who were in mourning;  
exult and be satisfied at her consoling breast.**

## GREETING

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**All: Amen**

**Priest:** Grace to you and peace from God our Father and the Lord Jesus Christ.

**All: And with your spirit.**

## PENITENTIAL ACT

**Priest:** Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

**Priest:** Lord Jesus, you raise us to new life:  
Lord, have mercy. **Lord, have mercy.**

**Priest:** Lord Jesus, you forgive us our sins:  
Christ, have mercy. **Christ, have mercy.**

**Priest:** Lord Jesus, you feed us with your body and blood:  
Lord, have mercy. **Lord, have mercy.**

**Priest:** May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**All: Amen.**

## THE COLLECT

**Priest:** Let us pray.

*Pause for silent prayer*

**Priest:** O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

**All: Amen.**

## THE LITURGY OF THE WORD

*Congregation Sits*

### FIRST READING

A reading from the second book of Chronicles  
**36:14-16. 19-23**

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his

house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."

**All:** The word of the Lord  
**Thanks be to God.**

## RESPONSORIAL PSALM

Ps 136. R v. 6

**(R) O let my tongue  
cleave to my mouth  
if I remember you not!**

1. By the rivers of Babylon  
there we sat and wept,  
remembering Zion;  
on the poplars that grew there  
we hung up our harps. **(R)**
2. For it was there that they asked us,  
our captors, for songs,  
our oppressors, for joy.  
'Sing to us,' they said,  
'one of Zion's songs.' **(R)**
3. O how could we sing  
the song of the Lord  
on alien soil?  
If I forget you, Jerusalem,  
let my right hand wither! **(R)**
4. O let my tongue  
cleave to my mouth  
if I remember you not,  
if I prize not Jerusalem  
above all my joys! **(R)**

## SECOND READING

A reading from the letter of St Paul to the Ephesians **2:4-10**

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art,

created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord.  
**All: Thanks be to God.**

*Congregation stands*

**ACCLAMATION** **Jn 3:16**

**All: Glory and praise to you, O Christ!  
 God loved the world so much that he gave his only Son; everyone who believes in him has eternal life. Glory and praise to you, O Christ!**

## GOSPEL

**Priest:** The Lord be with you.  
**All: And with your spirit.**  
**Priest:** A reading from the holy Gospel according to John 3:14-21  
**All: Glory to you, O Lord.**

Jesus said to Nicodemus:

‘The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.  
 Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God’s only Son. On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.’

The Gospel of the Lord.  
**All: Praise to you Lord Jesus Christ.**

*Congregation sits*

## HOMILY

*Congregation stands*

## THE CREED

**All: I believe in one God,  
 the Father almighty,  
 maker of heaven and earth,  
 of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
 the Only Begotten Son of God,**

**born of the Father before all ages.  
 God from God, Light from Light,  
 true God from true God,  
 begotten, not made, consubstantial with the Father; through him all things were made.  
 For us men and for our salvation  
 he came down from heaven,**

*(bow your head up to the words ‘and became man’)*

**and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

**For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

## PRAYER OF THE FAITHFUL

*Congregation sits*

## THE LITURGY OF THE EUCHARIST

Offertory Procession

*The gifts of bread and wine which will become the Lord’s body and blood are brought to the altar.*

*The celebrant raises the host on the paten sa-ying:*

**Priest:** Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

**All: Blessed be God for ever.**

*The celebrant pours wine and a little water into the chalice, saying quietly:*

**Priest:** By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity.

*The celebrant then raises the chalice above the altar and says:*

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

**All: Blessed be God for ever.**

*Bowing, the celebrant says quietly:*

**Priest:** With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

*Then the celebrant washes his hands, saying quietly:*

Wash me, O Lord, from my iniquity and cleanse me from my sin.

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**All:** **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

### PRAYER OVER THE OFFERINGS

**Priest:** We place before you with joy these offerings, which bring eternal remedy, O Lord, praying that we may both faithfully revere them and present them to you, as is fitting, for the salvation of all the world. Through Christ our Lord.

**All:** **Amen**

*Congregation stands*

### EUCCHARISTIC PRAYER II

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

**Priest:** Lift up your hearts.

**All:** **We lift them up to the Lord.**

**Priest:** Let us give thanks to the Lord our God.

**All:** **It is right and just.**

#### PREFACE (II of Lent)

**Priest:** It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.

For you have given your children a sacred time for the renewing and purifying of their hearts, that, freed from disordered affections, they may so deal with the things of this passing world as to hold rather to the things that eternally endure.

And so, with all the Angels and Saints, we praise you, as without end we acclaim:

#### ACCLAMATION

**All:** **Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*Congregation kneels*

**Priest:** You are indeed Holy, O Lord, the fount of all holiness.

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the

dewfall, so that they may become for us the Body and + Blood of our Lord Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

**Priest:** The mystery of faith.

**All:** **Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.**

**Priest:** Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis our Pope and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face. Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her spouse, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

**Priest:** Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

**All:** **Amen.**

*Congregation stands*

## THE COMMUNION RITE

**Priest:** At the Saviour's command and formed by divine teaching, we dare to say:

**All:** **Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

**Priest:** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom, the power and the glory are yours now and for ever.**

**Priest:** Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

**All:** **Amen.**

**Priest:** The peace of the Lord be with you always.

**All:** **And with your spirit.**

*The celebrant may add these or similar words.*

**Priest:** Let us offer each other the sign of peace.

*All make a sign of peace, according to local custom.*

**Priest:** May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.

**All:** **Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.**

*Congregation kneels*

*The celebrant says quietly:*

Lord Jesus Christ, Son of the living God, who, by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world, free me by this, your most holy Body and Blood, from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you.

## INVITATION TO HOLY COMMUNION

**Priest:** Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**All:** **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

**Priest:** May the Body of Christ keep me safe for eternal life.

**Priest:** May the Blood of Christ keep me safe for eternal life.

## COMMUNION ANTIPHON

*Cf. Ps 121:3-4*

**All:** **Jerusalem is built as a city bonded as one together. It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord.**

*Purifying the chalice the celebrant says quietly:*

What has passed our lips as food, O Lord, may we possess in purity of heart, that what has been given to us in time may be our healing for eternity.

## PRAYER AFTER COMMUNION

*Congregation kneels*

**Priest:** Let us pray.  
O God, who enlighten everyone who comes into this world, illuminate our hearts, we pray, with the splendour of your grace, that we may always ponder what is worthy and pleasing to your majesty and love you in all sincerity.  
Through Christ our Lord.

**All:** **Amen**

## THE CONCLUDING RITES

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

**Priest:** Look upon those who call to you, O Lord, and sustain the weak; give life by your unfailing light to those who walk in the shadow of death, and bring those rescued by your mercy from every evil to reach the highest good.  
Through Christ our Lord.

**All:** **Amen**

**Priest:** May almighty God bless you, the Father, and the Son + and the Holy Spirit

**All:** **Amen**

*Then the celebrant, with hands joined and facing the people, says:*

**Priest:** Go in peace.

**All:** **Thanks be to God.**

**ANNIVERSARIES  
SUNDAY**

Joseph McCartan, Donaghcloney  
Eamonn McEvoy, Castlewellan Road  
Frank McQuaid, Lisnaree Road  
Angela Murtagh, Brookfield Park  
Donald Tumilty, Granville Gardens  
Peggy McAteer, Ballycross  
Damian Trainor & Philip Allan, Poyntzpass  
Cecil McKnight, Seapatrick  
William Donaghy Snr, Huntly Bungalows  
Ellen McCusker, Smyth Hill  
Jackie Rooney, Granville Gardens

**MONDAY**

Gary Derby, Loughbrickland Road, Gilford

**WEDNESDAY**

Edward McCusker, Smyth Hill

**SATURDAY**

Maeve Rea, Primrose Gardens

**SUNDAY**

Lucy Kelly, Laurel Heights  
Jane Carr, Primrose Gardens  
Moya Vint, Maryville Park  
Dympna Fitzpatrick, Brooke Grove  
Jim Strain, Ravenswood  
Mary Elizabeth Doyle, Corbet  
Peter McStraw, Ballygowan Park  
Rosaleen & Pat Byrne, Wyncroft  
Marie Byrne, Primrose Gardens

**RECENTLY DECEASED**

Your prayers are requested for the happy repose of the soul of Frances Jordan, Bodell Place  
May she rest in peace...

**Retreat - 33 Days to Morning Glory** – entails a short Reading every morning for 33 days to consecrate ourselves, our family and our Parish to the Sacred Heart through the Immaculate Heart of Mary.  
The Retreat finishes on Saturday 24 March at the Adoration in St Patrick's Church at 10:00am.

**OFFERTORY PROMISE COLLECTION**

4 March 2018  
Collection: £1,912.35  
Loose Plate: £398.99  
**Total Collected: £2,311.34**  
No. of Envelopes returned: 329

**SAFEGUARDING CHILDREN  
& VULNERABLE ADULTS  
IMPORTANT TELEPHONE NUMBERS**

Diocesan Designated Person:  
Patricia Carville: 07789 917 741  
Southern Health & Social Care Trust:  
0800 783 7745  
South Eastern Health & Social Care Trust:  
0300 1000 300  
N.I. Childline: 0800 1111

**MASS/ADORATION/CONFESSIONS TIMES**

**Please see front cover & notices below**

**SOLEMN NOVENA TO  
OUR LADY OF PERPETUAL HELP**  
continues this Sunday 11 March 2018 and will run until  
25 March in St Patrick's Church at 7:00pm

**SOLEMNITY OF ST PATRICK  
Holy Day of Obligation Saturday 17 March**  
Mass Schedule

Frid 16 March Vigil Mass: 7:30pm – St Patrick's Church  
Sat 17 March: 10:30am – St Patrick's Church &  
12:00noon - St Thérèse's Church

There will be **no** Confessions  
on Saturday 17 March in St Thérèse's Church.

**Children's Liturgy for P3 to P6**  
**Sunday 25 March at 10:30am & 12:00 noon Mass.**

**Registration is essential and forms will be  
available at the 10:30am Mass this Sunday.**

The Benedictine Monks, Rostrevor, invite men (18-40) to an Easter Triduum Retreat from Holy Thurs 29 Mar until Easter Sunday 1 April 2018.  
"Prefer nothing to Christ, because he preferred nothing to you" (St Cyprian). If interested, please contact:  
Br Thierry – benedictinemonks@btinternet.com  
028 41739979. Facebook: Benedictine Monks Rostrevor  
Twitter: @rostrevormonks.

**LECTIO DIVINA (Sacred Reading)**

is an ancient way of scriptural reading, meditation and prayer. Lectio Divina continues each Monday at 10:45am in St Thérèse's Oratory during Lent.

**Amoris**

**Let's talk Family! Let's be Family!**

You are warmly invited to attend this programme in the Parish Centre. It is an initiative to enable us to reflect on family life and prepare for the World Meeting of Families in August. The programme continues in The Parish Centre (downstairs) on Tuesday evening at 7.30pm and concludes on 27 March.

**LENTEN STUDY**

This year in our Lenten Bible Study we will be following an interesting course entitled 'Live Lent'. All meetings begin at 8:00pm and finish around 9:30pm with a cup of tea.  
**11 March – Light** (Loughbrickland Presbyterian Church Hall)  
**18 March – Leaving** (The Parish Centre)

**Thinking of doing something extra for Lent?**

Eucharistic Adoration takes place in our Parish on Tuesday & Friday evenings and Thursday, Friday and Saturday mornings (times are printed on the front cover of the Booklet). Come and spend some extra time this Lent with Jesus in the Blessed Sacrament.  
Adorers are particularly needed between 11:00am-1:00pm on Fridays in St Thérèse's. If you could commit to an hour a week for Lent please contact the Adoration Chairperson, Yvonne, on 077 5342 9963.

**ST VINCENT DE PAUL  
HELP LINE: 40662047**

**Parishioners who wish to start contributing to the Parish**

If you have started working or have recently moved to our parish and wish to donate through the Envelope system or by Standing Order, please contact the Parish Office.

**Medjugorje Pilgrimage** for young people 18 plus to 25+ Sun 29 July-Sun 5 Aug 2018 – an opportunity to join 30,000 plus young people from every culture & country, many from Ireland, with the desire to meet like-minded young people & develop their faith. This Pilgrimage offers all the traditional pilgrimage activities, recreational & social time/activities. Total cost £579 covers almost everything, flights/insurance, transport to & from airport, accommodation, breakfast & evening meal. This can be paid over the next 6 months. Expressions of interest by Mon 12 Mar & first deposit of £100 by 28 Mar. To register email dromoreyd@btconnect.com or for more info tel: 028 30833890 – check FB Dromore Diocese Youth Com.

**Dromore Diocesan Historical Society**

**Wed 14 Mar in the Balmoral Hotel, Warrenpoint @ 7:30pm for 7:45pm.** The Society's Annual Irish Night, comprising a 4 course dinner followed by entertainment. To book, please phone Martin Goss: 3026 2849, Michael Keenan 4177 2543 or Jim Conway 078 0805 2246 (after 6:00pm) Parishioners very welcome.

**Songs of Life Concert**

**Parish Centre – Wednesday 14 March @ 7:00pm**  
**A night of music by**  
**the Accolade Community Choirs and Orchestra**

**FREE SAMPLE CLASS**

**Free Fitsteps Class – Going Back to Basics!!**

Re-visiting all the basic steps to help you pick-up and/or remember how to do the routines.  
12 March, Monday – St Patrick's College @ 7:15pm  
14 March, Wednesday – Parish Centre @ 9:30am

**ReelRobics the Irish Dance Workout** is offering a 4 week course which started Thurs 8 March 7:00-8:00pm in the Parish Centre. The class is suitable for adults of all abilities, from dancers to complete beginners! Dance in trainers and comfortable workout clothing. £24 for 4 week course. Visit [www.reelrobics.com](http://www.reelrobics.com) for more information.

**New Speech & Drama Class starting for 3–4 Year Olds**

Monday 9 April 4:30pm – 5:30pm  
For more information  
please contact Sinead Lunny 079 4925 9196

**CLANN NA BANNA CLG**

**Training:**

U6/8/10 Every Thur evening in St Patrick's College  
U6 @ 6:30-7:15pm / U8 @ 7:15-8:00pm  
U10 @ 6:30-7:30pm  
U12 - Sun @ 11:00am in the Club.  
U14 – Sun @ 10:00am & Thur @ 7:00pm both in the Club  
U16 – Sun @ 11:00am in the Club

**Clann Lotto: Next week's Jackpot: £1,700.00.**

**TRÓCAIRE**

**Trócaire Boxes are available at the Church entrances. Please take one home per family.**

**PARISH CENTRE**

**MONDAYS – Main Hall**  
**Convery Academy of Irish Dancing –**  
Contact Melissa 07923 027525  
**3:15-4:15pm: 1st Beginners Class**

**6:30-7:30pm: Pilates** - To enrol or for info,  
Contact Yvonne 07802 963008.

**Downstairs**

**7:00- 8:30pm – Yoga Class**  
For more info contact Bruce White 40624927

**TUESDAYS – Main Hall**

**10:30am: St Thérèse's Bowling Club.**  
For more info please contact Mary 40628926

**6:15pm–7:15pm: Sinead Lunny Speech & Drama Class**  
for 5-14 years old. Contact Sinead: 079 4925 9196

**8:15-9:15pm: Zumba Class.** Suitable for all abilities.  
A fun way to get fit. Contact Sarah 07961979843.

**Downstairs**

**10:30am-12:00 noon - Parent & Toddler Group**  
For information tel: Ita 07767136938

**WEDNESDAYS – Main Hall**

**9:30 –10:30am FITSTEPS – Fitness that's 'Strictly' fun**  
Check out Facebook – Fitsteps: Kelly McAleese  
or contact Kelly 078 6429 4422

**3:30–5:30pm Irish Dance Class**  
Contact Margaret 07746871179

**THURSDAYS – Main Hall**

**8:30pm: Bingo** – Snowball now £450 in 45 numbers or less. Adm £4.00 per book. Jackpot sheets £1.

**Downstairs**

**7:00-8:30pm: Yoga Class.** For more info, contact Wendy 07841871061 or just come along.

**FRIDAYS – Main Hall**

**10:00-11:00am: Baby Sensory Class (7-13 months)**  
**11:30am-12:30pm: Baby Sensory (Birth – 6 months)**  
Contact Tierna McClinton Tel: 028 92672817.

**Start buying a Catholic Newspaper after Mass each Sunday during Lent!! It makes great reading!**

**SVP Shop, Jinglers Court**

First Communion Dresses on sale – Beautiful New & Pre-loved dresses available.

**WEBCAMS**

Webcams are in operation in our Church of St Thérèse. You can view our Church Sanctuary at any time and all the Sunday and Weekday Masses will be broadcast live on [www.mcnmedia.tv](http://www.mcnmedia.tv).

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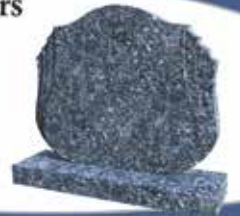
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